

# 14th Annual Sin City Laryngology and introducing Sin City Sinus

February 23-26, 2019 Las Vegas, NV

Laryngology Course Directors

Peter Belafsky, MD

C. Blake Simpson, MD

### Laryngology Faculty

Ronda Alexander, MD Paul Bryson, MD Laura Dominguez, MD Edie Hapner, PhD Maggie Kuhn, MD John Nix Mary Sandage, PhD Liza Blumenfeld, CCC-SLP
Tim Carson
Lisa Evangelista, CCC-SLP
Rebecca Howell, MD
Jan Lewin, PhD
Greg Postma, MD
Sarah Schneider, CCC-SLP

Martin Brodsky, PhD
Daniel Cates, MD
David Godin, MD
Yoko Inamoto, PhD
Nupur Nerukar, MD
Clark Rosen, MD
Kathleen Tibbetts, MD

Sinus Course Director Philip Chen, MD

Sinus Faculty

Veronica Lao, MD

K. Christopher McMains, MD

Zara Patel, MD

Spencer Payne, MD

Marc Tewfik, MD

### Why Sin City Laryngology and Sinus?

Since February 2005, we have featured countless speakers and thousands of participants. The presentations are topical, cutting-edge, and varied. Unique to this course, though, is the level of entertainment mixed into the education. This keeps the attendees engaged and coming back year after year. 2019 marks the introduction of an exciting new offering with the Sin City Sinus course. Things just keep getting better!

But don't take our word for it (we're a little biased), take it directly from the attendees:

"Excellent conference! I very much enjoyed the humor and entertainment intertwined with the remarkable presentations! Made for a highly memorable first conference, and I will DEFINITELY return!"

"Fantastic course highlighting recent research and a need for a multidisciplinary approach."

"Most fun I've had at a conference...ever."

"The topics presented are diverse and forward-thinking."

"I look forward to this conference every year!"

"This was so much fun! I feel as if I will be returning to practice with such a wealth of new information!"

"Very fun, informative, and useful conference. Thank you!"

"Superb overall conference. I like the short presentations, and fun mixed in with content."

"This was an awesome course — no more needs to be said."



### **EDUCATIONAL OBJECTIVES**

At the conclusion of this CME activity, each participant should be better able to:

### **Laryngology Course:**

- Discuss models for multidisciplinary voice/swallowing care between SLPs and MDs
- Describe the diagnosis and management of vocal fold paresis
- Discuss the management of dysphagia in the elderly and infirm
- Discuss the diagnosis and management of iatrogenic dysphagia, including radiation and surgery
- Describe the diagnosis and management of vocal cord cysts, sulci and mucosal bridges
- Discuss the optimization of treatment for tracheoesophageal speech

### Sinus Course:

- Discuss the office management of sinusitis and allergy, including medical management of chronic sinusitis
- Describe management of recalcitrant sinusitis after endoscopic sinus surgery, including potential roles of topical antibiotics and prolonged antibiotics
- Properly diagnose and manage chronic sinusitis
- Describe differential diagnosis of sinus symptoms
- Discuss evaluation of sinus disorders
- Describe the treatment of patients with minimal mucosal thickening on CT scan
- Discussion of cases that are appropriate (and inappropriate) for the office setting

### **ACCREDITATION:** UP TO 25.25 AMA PRA CATEGORY 1 CME CREDIT<sup>TM</sup>

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Association of Georgia through the joint providership of Southern Alliance for Physician Specialties CME and Sin City Laryngology. The Southern Alliance for Physician Specialties CME is accredited by the Medical Association of Georgia to provide continuing medical education for physicians. The Southern Alliance for Physician Specialties CME designates this live activity for a maximum of 25.25 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **NEEDS ASSESSMENT**

Laryngology Course: This course is designed for otolaryngologists who wish to enhance their understanding of the advanced diagnostic and treatment options for individuals with complex swallowing and voice disorders. Participants will be presented with a thorough understanding of the biomechanics of normal and pathologic voice and swallowing function. Disease diagnostics will be discussed in detail including fluoroscopy, endoscopy, and manometry. In addition, participants will gain knowledge of the state-of-the-art treatments for voice and swallowing disorders, both with therapy and surgery. Participants will also gain knowledge in the treatment of benign laryngeal lesions, vocal fold paralysis, and inflammatory and traumatic lesions of the larynx. They will learn the medical, behavioral, and surgical approaches of laryngeal/vocal/swallowing disorders.

**Sinus Course:** There are nearly 40 million people in the US who suffer with the debilitating symptoms of sinusitis, resulting in over 7 million annual doctors visits. Despite the impact sinusitis has on our population, it is a disease that remains incompletely understood. The good news is that significant strides are being made in the field that improve our patients' quality of life, and many of these new interventions are moving into the clinic setting. Understanding the patients who will benefit from office-based procedures can help clinicians use their time more effectively, while also bypassing many of the hassles the patients face when going to the operating room.

### REGISTRATION INFORMATION

Federal Tax ID 45-3556921 Advanced Practices in Voice & Dysphagia February 23-26, 2019

**REGISTRATION FEE:** (Receipt/Confirmation will be emailed within two weeks)

	Early Discount	Postmarked after Jan 20, 2019
Main Conference	\$625	\$675
	(separate registration fee from main conference)	
Sin City Sinus Course	\$125	\$150
Sin City Sinus Course	\$195 (if not attending main conference)	\$220 (if not attending main conference)

### Register online at www.SinCityLaryngology.com

# Visit our website for SLP offerings and resident and fellow pricing!

Questions? E-mail Julie or Holly at info@sincitylaryngology.com



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@LVLaryngology



/c/SinCityLaryngology



/SinCityLaryngology

If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please call us at (813) 810-6027 so we may make the necessary accommodations for you.

### COURSE DIRECTORS



Peter Belafsky, MD
Center for Voice & Swallowing, UC Davis



C Blake Simpson, MD
University of Texas Voice Center

### 2019 FACULTY

Faculty disclosure information: http://www.sincitylaryngology.com/faculty.html

### Ronda Alexander, MD

University of Texas, Houston

### Martin Brodsky, PhD, ScM

Johns Hopkins

### **Tim Carson**

**Vocal Artistry** 

### Laura Dominguez, MD

University of Texas Voice Center

### David Godin, MD

ENT and Allergy Associates, New York

### Rebecca Howell, MD

University of Cincinnati Medical Center

### Maggie Kuhn, MD

University of California, Davis

### Nupur Nerukar, MD

Bombay Hospital, Mumbai, India

### Greg Postma, MD

Medical College of Georgia

### Mary Sandage, PhD

**Auburn University** 

### Kathleen Tibbetts, MD

UT Southwestern, Dallas

### Liza Blumenfeld, CCC-SLP

University of California, San Diego

### Paul Bryson, MD

Cleveland Clinic

### Daniel Cates, MD

University of California, Davis

### Lisa Evangelista, CCC-SLP

University of California, Davis

### Edie Hapner, PhD

**USC Voice Center** 

### Yoko Inamoto, PhD

Fujita Health University, Kutsukake, Japan

### Jan Lewin, PhD

University of TX, MD Anderson Cancer Ctr

### John Nix

University of Texas, San Antonio

### Clark Rosen, MD

**UCSF** Voice and Swallowing Center

### Sarah Schneider, CCC-SLP

UCSF Voice and Swallowing Center

# CHEDUL IN CITY LARYNGOLOGY COURSE

### Sunday, February 24, 2019

9:00	Registration
10:00	Surgical Dilemmas and Decision Making for the Performing Voice - Blake Simpson, MD
10:20	Lower Esophageal Sphincter Incompetence and the Importance of Hiatal Hernia - Peter Belafsky, MD
10:50	A Hard Pill to Swallow: Pill Dysphagia - Maggie Kuhn, MD
11:10	An Open and Shut Case: Paradoxical Vocal Fold Motion in Athletes - Mary Sandage, PhD
11:30	The Shar Pei Larynx and Other Laryngeal Oddities - Kathleen Tibbetts, MD
11:50	A Leaky Valve Loses Air: The Importance of Vocal Fold Paresis and Atrophy - Laura Dominguez, MD
12:10	Lunch on Your Own
1:30	Dysphagia and the Critical Care Patient - Martin Brodsky, PhD
2:00	The IT Factor in Voice Therapy: You Either Have It or You Don't - Edie Hapner, PhD
2:20	Famous Larynges in History - Ronda Alexander, MD
2:40	Dysphagia After Spinal Surgery - Rebecca Howell, MD
3:10	Break with Exhibitors
3:40	The Beam vs. The Blade: Functional Outcomes in Head and Neck Cancer - Jan Lewin, PhD
4:10	Cysts, Sulci and Mucosal Bridges: A Difficult Family - Nupur Nerukar, MD
4:30	Fight Night: Heavyweight Dysphagia Boxing - Greg "Apollo Creed" Postma, MD vs. Daniel "The Contender" Cates, MD
5:30-	FREE Workshop: State of the Art TEP: Optimizing Outcomes

with Tracheoesophageal Speech - Lisa Evangelista, CCC-SLP

### Monday, February 25, 2019

9:00	Endoscopy Demonstrations with Exhibitors - Faculty
10:00	The Odd Couple: Live Patient Simulation - Edie Hapner, PhD and Clark Rosen, MD
10:40	Building a Bridge Between SLP and MD - Sarah Schneider, CCC-SLP
11:00	High Resolution 3-Dimensional CT Scanner for Dysphagia - Yoko Inamoto, PhD
11:30	Risk Management and the Laryngology Patient: Preventing & Repenting - David Godin, MD
12:00	Mission Impossible: Predicting and Exposing the Difficult Direct Laryngoscopy - Paul Bryson, MD
12:20	Lunch on Your Own
1:30	Frailty, Sarcopenia and How to Prevent the Dysphagia Death Spiral - Liza Blumenfeld, CCC-SLP
2:00	Manual Therapy for MTD: Release the Sounds - Sarah Schneider, CCC-SLP
2:20	How Low Can You Go? All You Need to Know About Glottal Fry – John Nix
2:50	Googlies in Laryngology: How to Score Laryngeal Wickets - Nupur Nerukar, MD
3:10	Break with Exhibitors
3:40	State of the Art Treatment for SD and Tremor - Blake Simpson, MD
4:10	A Change is Gonna Come: Principles of Neuroplasticity - Martin Brodsky, PhD
4:40	From Puccini to Pink: Helping the Classically Trained Singer Sing Pop - Tim Carson
5:00	Laryngeal Karaoke - Dr. Simpson and Faculty
6:00	Adjourn

### Tuesday, February 26, 2019

- 9:00 TNE and Endoscopic Demonstrations Faculty
- 10:00 What Happens in Vagus Stays in Vegas: Innovative Therapy for the Nerve We All Love Liza Blumenfeld, CCC-SLP
- 10:30 PresbyPHARYNX: Implications for Both Voice & Swallowing Daniel Cates, MD
- 10:50 Trismus Bites Lisa Evangelista, CCC-SLP
- The Therapeutic MBS: Dilation of the Esophagus by Speech Pathology Yoko Inamoto, PhD
- 11:30 Dysphagia and Cognitive Decline: Let Them Eat Cake Rebecca Howell, MD
- 12:10 Wrap Up and Q&A

12:30 Adjourn



### **ENROLLMENT AND CANCELLATION**

**Please register early – space is limited.** Early tuition for Sin City Laryngology is \$625 for physicians. Tuition will increase \$50 after January 20, 2019. **Tuition may be paid by check or credit card, but must be received in advance of the course.** Cancellations after February 1, 2019 will be refunded less a \$50 administration fee.

## Sin City Sinus Course

### Saturday, February 23, 2019



Join us Saturday, February 23rd for the inaugural Sin City Sinus course! We may love the operating room, but most patients don't. There are many advances that allow more to be done in the office, so this year we are focusing on cutting edge topics that will augment your office-based practice including

balloon dilation, nasal obstruction, sleep medicine, and allergy. This is a great complement to the Laryngology course.

The cost for the sinus course is a separate registration fee from the main conference:

\$125\* if also attending the main Laryngology conference \$195\* if attending only the Sinus Course \*If postmarked after Jan 20, 2019, add \$25

### SIN CITY SINUS COURSE DIRECTOR

### Philip Chen, MD

Associate Professor & Program Director
Department of Otolaryngology - Head and Neck Surgery
University of Texas Health San Antonio

### SIN CITY SINUS COURSE FACULTY

### Veronica Lao, MD

Assistant Professor Department of Anesthesia University of Texas Health San Antonio

### K. Christopher McMains, MD

Associate Professor
Department of Surgery
Uniformed Services University of Health Sciences
Audie Murphy VA Hospital

### Zara Patel, MD

Assistant Professor
Department of Otolaryngology - Head and Neck Surgery
Department of Neurosurgery
Stanford University

### Spencer Payne, MD

Associate Professor Department of Otolaryngology - Head and Neck Surgery University of Virginia Health System

### Marc Tewfik, MD

Associate Professor McGill University

### **Sinus Course Program**

7:30	Registration
8:20	Introduction
8:30	In the Beginning, There Was Medicine, and the Medicine Was Good: Medical Therapy for Sinusitis (Acute and Chronic) - Philip Chen, MD
8:50	But My Surgery Was Perfect!?!: Recalcitrant CRS - Marc Tewfik, MD
9:20	Panel: You Win Some, You Lose Some: Recalcitrant Disease After Surgery - Moderator: Spencer Payne, MD with Panelists: K. Christopher McMains, MD, Marc Tewfik, MD, and Zara Patel, MD
10:15	Break
10:45	Balloon Dilation of the Sinuses: Oysters and Pearls - Spencer Payne, MD
11:10	Thinking Outside the Balloon: Mini ESS, Polypectomy, Epistaxis - Marc Tewfik, MD
11:30	Panel: Management of Minimal Mucosal Thickening - Moderator: Philip Chen, MD with Panelists: Zara Patel, MD, Spencer Payne, MD, and Marc Tewfik, MD
12:15	Lunch on Your Own
1:30	Olfactory Loss: Just Call Me Scent O'Mental - Zara Patel, MD
2:00	This Talk Makes Me Itch: Allergy - Testing and Treatment - K Christopher McMains, MD
2:30	I Wish I Could Run as Fast as My Nose Can: Nasal Obstruction and Rhinorrhea - Zara Patel, MD
3:00	Break
3:30	Life is Pain, Highness. Anyone Who Says Differently is Selling Something - Veronica Lao, MD
4:00	Sleeping Duties: What Works for OSA? - K. Christopher McMains, MD
4:30	Gameshow - Faculty
5:15	Adjourn

# HOTEL INFORMATION



To book your room at

Planet Hollywood Las Vegas,
please go to

### https://resweb.passkey.com/go/SMSCL9

before Jan. 20 to make your reservation.

- Rooms are \$145 per night for single or double occupancy
- There is a \$32/night resort fee, which includes basic in-room wifi for up to two devices per day and fitness center access
- The hotel charges \$15 for reservations made by phone, so we encourage you to use the link above to reserve your room



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